

DVHS – Physical Education

Course Pathways and Prerequisites

High School Graduation Physical Education Requirements:
One year of 9th grade PE, One year of 10th – 12th grade PE
Minimum College Eligibility Physical Education Requirement for Most 4 year Colleges:
None

PHYSICAL EDUCATION 9

Grade 9
(Year)
Fitness Gram Assessment conducted in
9th grade PE classes.

PHYSICAL EDUCATION

Grades 10 – 12
All classes are semester,
unless otherwise noted

Basketball

Cross
Fitness

Power
Walking

Net Sports

Strategies in
Recreational PE

Soccer

Weights

Yoga

Advanced Weights
Weights and/or
instructor approval

Yoga 2
Yoga and/or
instructor
approval

Dance Courses

Grades 9 – 12
See Visual/Performing Arts Course Sequence
Dance classes may be used for either
Fine Arts or PE credit

Updated 2/23/2022